

04/23/2024 Daily OFMD Recap

04/24/2024 2:07 am EDT

TLDR; David Jenkins; Taika Waititi; Samba Schutte; Vico Ortiz; Astroglide; Articles; Fan Spotlight: Cast Cards; Never Left Podcast; OFMD Colouring Pages; Love Notes;

== David Jenkins ==

Chaos Dad popped out to send some love and support today!



Img Src: [David Jenkins Twitter](#)

= Taika Waititi =

Well, Taika broke the internet today with his Belvedere commercial. Directed and starred in it. Be sure to open a window because it is hot.

= Samba Schutte =

Samba has started up a new T Shirt campaign to benefit the charity @everymomcounts that helps make pregnancy and childbirth, safe and equitable! You can either buy a #CrewForLife t-shirt, or sign up for one of his baking classes/meet and greets!

[Our Merch Means Death on Stands](#)



sambaschutte 🌟 My dearest Crew, excited to launch my new tee! We're #CrewforLife, because a love like ours can't disappear in an instant ❤️ We made history together, broke records, caused chaos and we'll always be bonded through the epic journey of #OurFlagMeansDeath 🏴‍☠️ I'm also offering a new baking class for Mother's Day weekend (my Rosy Maple Moth pie- our captain's favorite!) 🧑‍🍳 and you can get half off general admission with purchase of a tee. All of this to benefit the lovely charity @everymomcounts, helping to make pregnancy and childbirth safe, equitable, and respectful for every mother, everywhere 🙏 Visit the link in my bio to get your tees & baking class admission tickets. Or visit @shopstands. Designed by the incredible @rileysokay. And that background is definitely not photoshopped. Love you! 💕🧡✨





Samba Schutte's "Crew for Life" Tee/Momentum Class General Admission Bundle



Samba Schutte's "Crew for Life" Tee/Momentum Class + Meet & Greet Bundle





Delicious Chaos with Samba Schutte

== Vico Ortiz ==

Vico starred in a short called Fire F*cking Fire and great news it's headed to the Tribeca Film Festival in June!



juliaeringer

Our baby
[@firefuckingfire](#) is going
to [@tribeca](#) !!!



[@puertoricaninja](#)
[@calicocooper](#)
[@capricampeau](#)
[@kkniselv2](#) [@djwahlberg](#)
[@alexandriaib](#) [@tammy](#)



Img Src: [Vico Ortiz IG](#)

== Astroglide ==

Our besties over at [@astroglideofficial](#) put out a word search today with a few words/phrases you'll recognise!



ASTROGLIDE 
@ASTROGLIDE

...

There are 15 "words" first person to finish and comment their completed word search gets a prize 🍷

E	D	D	T	W	A	R	A	S	U	A	A	B	R
L	E	D	C	A	S	S	T	O	N	I	G	H	T
U	S	A	U	S	O	L	D	I	E	R	B	O	Y
B	A	U	C	C	B	R	E	E	D	M	E	L	C
E	B	W	I	B	E	D	T	E	A	C	H	T	E
A	R	G	S	E	B	U	L	E	A	S	E	N	B
S	E	Z	T	T	W	I	Y	E	A	T	O	A	P
A	T	A	E	T	S	D	T	Y	W	C	E	B	L
C	A	D	O	R	N	H	O	T	I	L	I	S	E
R	W	D	E	R	G	J	O	L	L	O	A	H	A
E	Z	Y	L	I	N	E	I	L	D	C	E	N	S
W	L	R	T	Y	O	S	T	E	O	S	M	A	U
O	L	S	O	S	S	O	S	L	E	R	T	R	R
T	E	T	I	A	A	T	U	E	O	T	I	G	E

Img Src: [Astroglide Twitter](#)

== Articles ==

- [Warner Bros. Stock Has Had a Rough Year. Why This Analyst Thinks It Will Get Even Worse.](#)
- [Mark Indelicato Frustrated With Queer Shows Constantly Cancelled](#)

== Watch Party Reminders! ==

Short Poppies is on the docket this week, and so are a few filler episodes of other smaller roles our favorite Captain has been in!

When: Tuesday April 24, 2024, at 3:30 pm PT / 6:30 pm ET / 10:30 pm GMT

What: We'll be watching A Series of Unfortunate Events Episode 8, and Short Poppies Episode 3!

Looking for where to watch?

- **Short Poppies** - Amazon Prime
- **A Series of Unfortunate Events** - Netflix

Don't have access? Hit me up here at [@gentlebeardsbarngill](#) over dm, or [@AspirantAbby42](#) on twitter for more info.



= Palm Royal Season 1 =

Episodes 5 & 6 this Thursday April 25: 1 pm PT, 4 pm ET, 9 pm BST

via [@lcwebsxoxo](#) on Twitter!

- [#PalmRoyale](#)

- #OurFlagMeansDeath
- #SaveOFMD

== Fan Spotlight ==

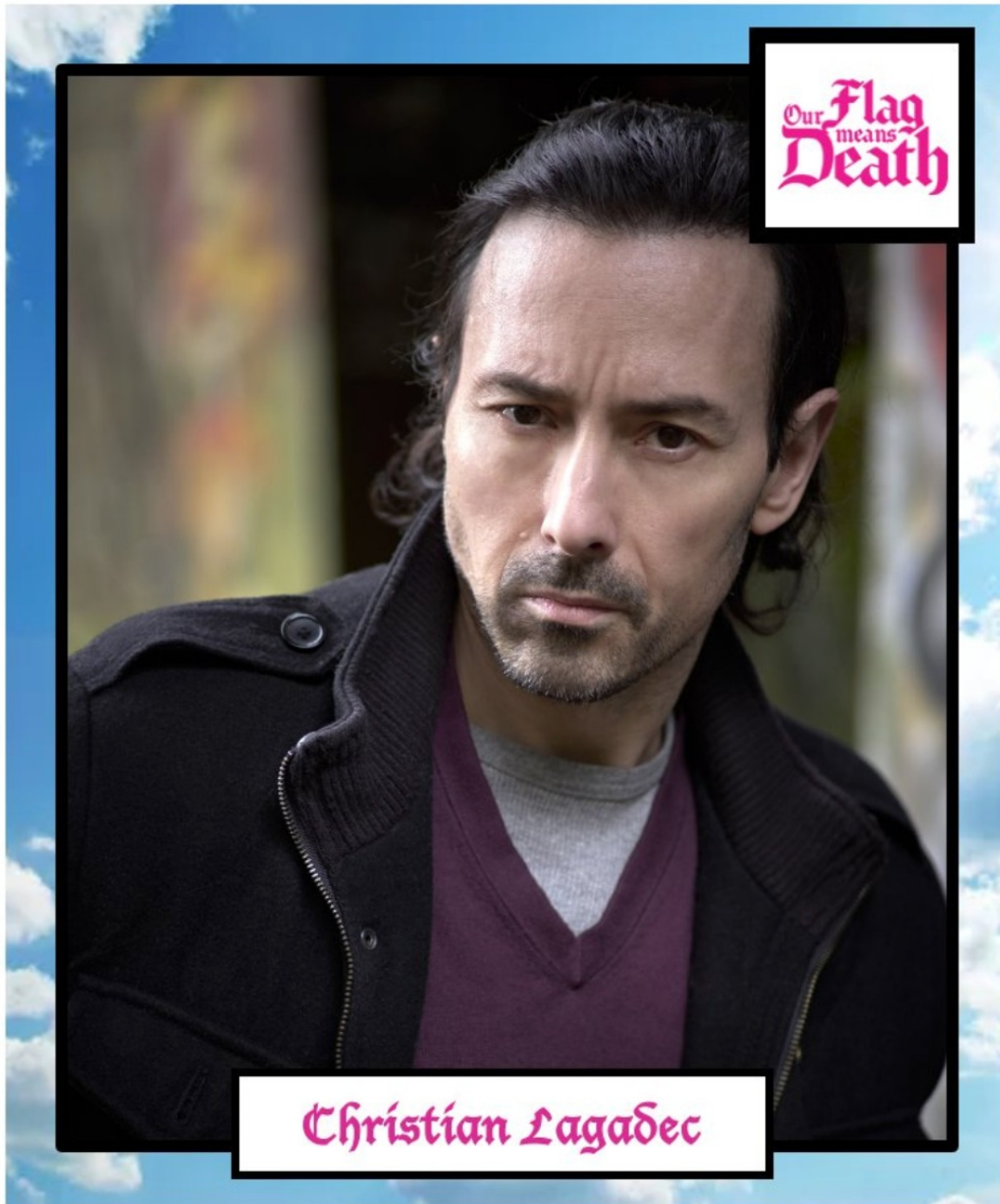
== Cast Cards ==

Our fabulous [@melvisik](#) has another cast card for us! Tonight's is another one of the bourgeoisie that Frenchie and Olu managed to include in their Pyramid Scheme! They are the one that Olu told to "Go Away"!



Melvisik
@melvisik

Check out Christian Lagadec of "Grimm" and "Sylvie's Love" in
[#OurFlagMeansDeath](#) ☠️ [#SaveOFMD](#) [#AdoptOurCrew](#)



Img Src: [@melvisik's Twitter](#)

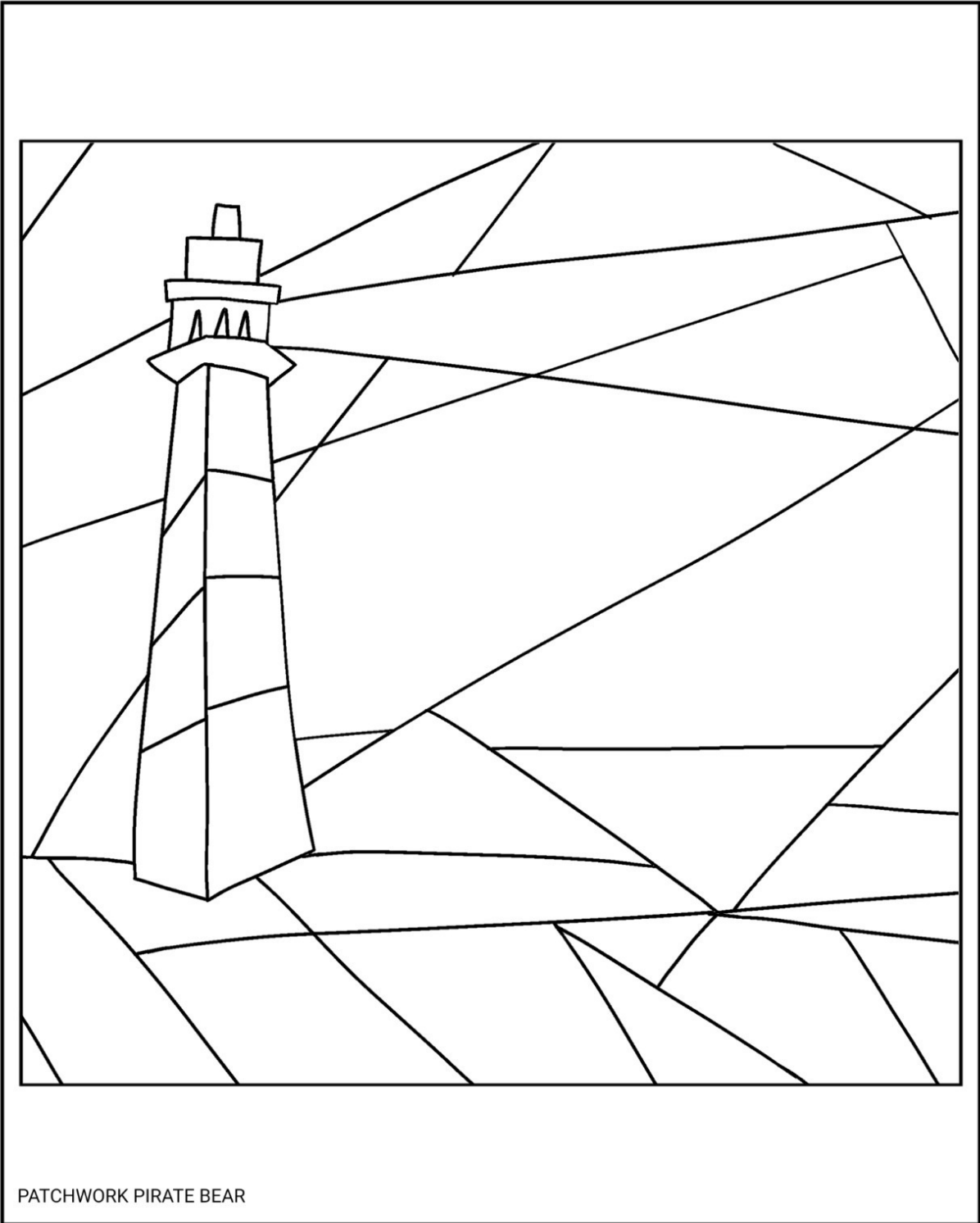
== Never Left Podcast ==

Next episode of the podcast Never Left is out! This one is Beautiful Princess Disorder Part 5!

- [Never Left Instagram](#)
- [Never Left Linktr.ee](#)
- [Spotify Link](#)

== OFMD Colouring Pages ==

More colouring pages from the fantastic [@patchworkpiratebear](#) ! Visit their tumblr for more!



PATCHWORK PIRATE BEAR

== Love Notes ==

Hey there Lovelies. Happy Taika Tuesday! Did you have a good day today?

Dad's comments today brought out a lot of folks sharing their stories on therapy and I wanted to chat about it for a moment.

First of all, if you're delving out for the first time (or trying again after years of not going)-- just know, you're being really brave. Depending on where you come from and your background, mental health may not have been something that your family prioritized (or maybe it was but therapy was never an option). It can be pretty scary to talk to someone you don't know about your inner most worries. You're taking a big step, and I'm proud of you for that.

You've looked at your situation, whatever tough things you're experiencing, and you've decided to prioritize you and your mental health-- and that's amazing. It's a hard decision to make sometimes, and as simple as it should be, it's not that easy. I'm so happy that mental health is talked about and therapy is so much more accepted now a days. Growing up I was in a situation where we "didn't talk about ourselves to other people" and that can be so very lonely when you are feeling really down.

I wanted to mention a couple things that I didn't know going into therapy-- in case they help at all, but obviously every experience is different, so feel free to take or leave the advice :)

Firstly, therapy doesn't solve things overnight. Sometimes it'll take weeks, or months, or years to unpack some of the things you really need to work through. It'll take time. When I went to therapy for the first time, for some reason I thought I'd just be able to dump all my problems out on a table and the therapist would pick one and we'd work on it. Instead it was a gradual thing, where they got to know me, I got to know them, and the more we talked the more we were able to unravel. I just don't want you to get discouraged if it takes longer than you planned, it's definitely a process.

Secondly, something to remember, is not all therapists are going to vibe with you. It took me a few tries before I found a therapist that really worked well with me. If you don't feel like it's helping, consider looking into a different therapist, sometimes it's not the therapy that you're struggling with, but just a mismatched vibe with your therapist. If you can help it-- don't give up right away, try another, I was really grateful that I did.

Thirdly, and if you're like me, this is a tough one. Remember to advocate for yourself. Sometimes a therapist may want to try certain therapies, or exercises, and it's something you've tried and just isn't working for you, or they want to go a medication route and you don't, or maybe they're saying something you disagree with. Remember you're your own advocate here, and they're here to help you, not hinder you from getting to where you want to be. Speak up for yourself if you can.

Lastly, therapy, especially the first few, don't always end in happy feelings. Think of it like a muscle in your leg that you haven't been using for years...and it's atrophied. You have to build that muscle back up, and it can really hurt occasionally during that time. You might leave therapy feeling worse once or twice because you're finally letting out some of that vitriol you've been holding onto for so long. It should feel better later.. maybe the next day, but it may not feel great the same day. That's a perfectly reasonable experience to have, and if you feel awesome, that is too!

Anyway lovelies, not sure if that helps, but I wanted to share it just in case it helped someone.

Whether you're going to therapy tomorrow, or soon, or ever, or never, I am really proud of you. You're doing what you need for you, and that's the most important thing. You deserve good things, and healthy thoughts and positive feelings. You really do. You got this <3
