TNUC 2025 - Saturday - Con, Nathan, David Fane

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Adopt

Crew

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Adopt Our Crew Bluesky Transcript

Source: Adopt Our Crew Bluesky Transcript

Adopt Our Crew #AdoptOurCrew @adoptourcrew.bsky.social Crew Q: Do you have any tips for dealing with stage fright?

Con: Years ago I got sober and I did a play after a year and it was my first time on stage completely sober. Before I went on, my nerves were enormous. And then I heard myself say, "you're excited."

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Con: We tend to think that excitement and fear are the same thing but they aren't. Don't let the fear announce itself as the only thing you're feeling. Performers love to perform. Cut it in half - only half of this is fear and the rest is excitement. Don't let the fear override your excitement.

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DF: I was doing a terrible show (I'd written it). One night we had an audience of 4 in a theater of 300 but it had to go one because one of them was William Shatner. I got the courage to go on, my foot went through the stage and I fell off. I crawled my way into the wings. But in the end he was kind

Adopt Our Crew #AdoptOurCrew @adoptourcrew.bsky.social Nathan: When I was doing standup it was the most nervous I'd ever

been for anything in my entire life. You just have to battle through it. It's going to feel horrible and there's no way to cheat your way around it. It will feel really shit and scary and then it'll stop feeling scary.







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Con: You know what we hate? When friends are in shows and it means we have to go see them. You know what we love? When friends are on the telly because we don't have to move and we can judge them, be overtly critical and then go to bed.



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Nathan: My own mother thinks I do fuck all. People think I'm mister fun swanning around town. I am a loser, I sit at home. I work very hard, I'm chained to my kitchen table all the time writing my little scripts. I can't be meeting up with old men for charity [points to Con].



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Dave: I think they'd be surprised by the fact that I volunteer at the zoo. I like animals and you can be part of a behavior enrichment team. And then I got swapped over to talking to people which was horrible. I went back to doing behavioral enrichment. Animals are so cool.





